

Single-Layer Face Mask Instructions with Elastic for Non-Woven Surgical Wrap Fabric

General guidelines (adapted from Providence St. Joseph Health)

- Avoid making masks if you are sick or think you might be getting sick.
- Keep all face mask materials away from household pets.
- Be sure the area in which you are working is clean (sanitize all surfaces and tools with a disinfectant) before making masks.
- Be sure to wash your hands before touching mask materials.
- Don't touch your face, or anything else that might be contaminated, while making masks. You may want to wear a mask while sewing.

All handmade masks should be washed or sterilized before wearing.

Please drop off your completed masks at Threaded Together, or email us if you plan to donate them directly.

Each mask requires:

- 1 fabric piece 9 x 9"
- 2 pieces of elastic 11" long
- 1 piece of pipe cleaner 3" long for the nose wire

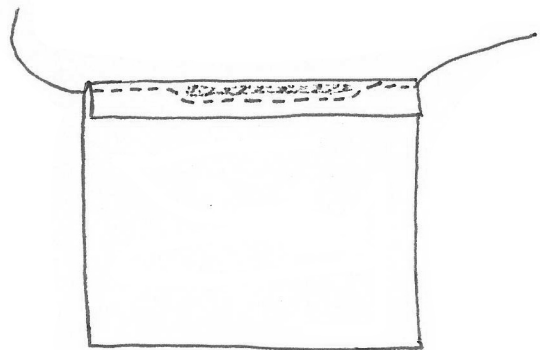
Note: If working from a kit provided by Threaded Together, the fabric pieces have been generously laser cut for us by local business Liquiterra. You will need to cut the elastic to size.

If the laser-cut edges feel hard enough to irritate skin, please trim that tiny amount from the edges of the mask pieces.

Directions:

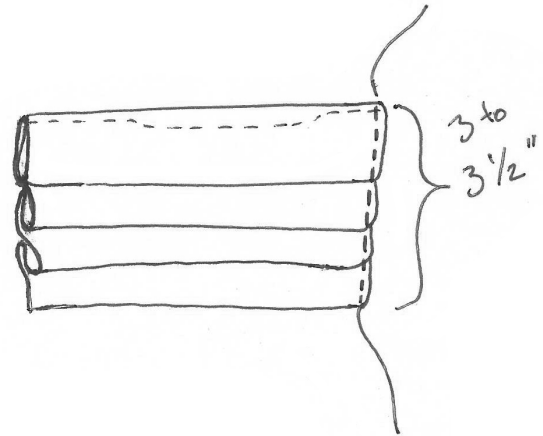
1.)
Fold down one edge of the fabric square about 1/2", and place the pipe cleaner inside at the top of this fold, centered between the sides. This will be the top edge.

Stitch close to the top of the fold until you feel the end of the pipe cleaner through the fabric. Then angle your stitching out, sew close to the pipe cleaner, and then angle back to the top of the fold. This holds the pipe cleaner in place.



2.)

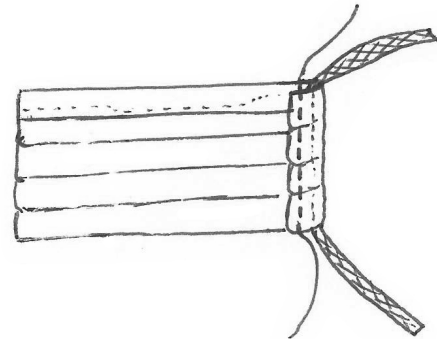
Turn the mask over. Make three pleats that face down (away from the pipe cleaner), so that the side of the pleated mask is 3 to 3 1/2" tall. The pleats should start below the edge of the pipe cleaner casing, and end so that there is a small area of unpleated mask at the bottom. You can do this by eye (the width of your thumb may be a good measure for the pleats), or measure and mark the pleats if you prefer.



Stitch across the side of the mask, 5/8" from the edge, to hold the pleats in place. Fold the other side, trying to match the pleats, but remember, it doesn't need to be perfect.

3.)

Turn the mask over again, so that the inside faces you. Place one piece of elastic at the pleated side of the mask, and fold the side over at about your first stitching line, making a casing for the elastic. Stitch this down about 1/4" from the raw edge, encasing the elastic without sewing through it. Back tack at each end of the seam.



Repeat on the other side.

Tie the ends of each elastic piece in a knot, making loops to go over ears.

That's it, you did it!

Pattern and directions by Tina La Chance and Tasha Miller Griffith for Threaded Together with love!